

Microsoft 365 Copilot Experience Guide

A practical guide to unlocking the power of Copilot and agents with real-world prompts and scenario-based capabilities

Table of contents

Getting Started

[Getting Started](#)

Learn how Microsoft 365 Copilot can help with everyday tasks

3

Microsoft 365 Copilot

[Microsoft 365 Copilot](#)

Productivity prompts to try using Work IQ

4

[Copilot in Microsoft 365 Apps](#)

Prompts to create, edit or analyse content directly in Microsoft apps.

5

[Copilot in Teams](#)

Get more from Teams using Copilot

6

[Agents in Teams](#)

Get more from Teams using Agents

7

[Copilot in SharePoint](#)

Use Copilot to organise and manage team content

8

[Copilot Notebooks](#)

Use Copilot to turn scattered work into clear outcomes

9

[Copilot Researcher – Critique and Model Council](#)

Tackle complex research with multi-model confidence

10

[Copilot Cowork](#)

Delegate multi-step workflows across apps

11

Prompt Resources

[Additional Prompt Resources](#)

Find more Copilot and prompt resources to get you started.

12

Getting Started

This guide helps you get started with everyday Copilot scenarios to get work done.

Microsoft 365 Copilot* uses Work IQ – the intelligence layer that connects the data, context, skills and tools from your work – to surface insights and take action based on your meetings, emails and files, with built-in model choice for any task.

Work smarter with Microsoft 365 Copilot

- 1 Delegate your administrative tasks. Use Copilot for email triage, meeting scheduling and recaps and first drafts.
- 2 Choose the AI model that is best for the task. Balance execution speed with analytical depth.
- 3 Ask for clear outputs. Specify format, length and audience every time for more tailored responses.
- 4 Use Copilot inside the Microsoft 365 apps you already work in. No need to open a separate app or copy and paste – review and approve the edits Copilot makes directly in your document.
- 5 Customise the prompts in this guide based on your own information and needs. Use a forward slash (/) to pull in specific files, meetings, chats or sites. Modify prompt details where you see placeholders like [insert text].

Use Copilot responsibly:

- Review and verify AI-generated responses. LLMs may occasionally produce inaccuracies, so always cross-check Copilot's output with trusted sources.
- The same prompt may yield different responses due to inherent variability in neural networks.
- Use Copilot responsibly, ethically and legally. For more information, visit [responsible AI \(Artificial Intelligence\) principles and standards](#).

* Microsoft 365 Copilot add-on licence required for automatic grounding in organisational data.

Microsoft 365 Copilot Chat

Use these prompts to tackle common work scenarios in Microsoft 365 Copilot Chat* like meeting prep, decision tracking and prioritisation. Microsoft 365 Copilot uses Work IQ to pull context from your work to surface summaries, insights and next steps.

Scenario	Prompt
Create action item checklist	Identify tasks or action items assigned to me from my manager in this week's emails, Teams chats and meeting notes, and compile them into a checklist.
Prepare for a meeting	Identify risks, blockers and themes (with owners if available) that may resurface for /meeting after reviewing related chats, files and emails. Keep the response brief and well-structured. Limit details to what's essential in each category. Then craft one smart prompt question based on these findings to move the conversation forward.
Search for relevant documents	Summarise the latest /documents on topic from the past [timeframe] , grouped by document type, include last modified date and highlight recent updates. [Link to SharePoint folder] .
Draft email response	I got an email from /person with questions from [customer name] , who are integrating [project name] into their products – they have a few questions about our roadmap. Based on what we discussed in our internal product planning meeting about upcoming features and common customer questions, what's still unresolved? Draft an updated response I can send back that reflects our latest guidance and next steps
Create a project update	Draft a [project] update for this week using meetings and emails with key decisions. I need it in a format of a skimmable Teams post. Let's include wins, work in motion, next week's focus and any asks I have for the team. Keep it under 12 bullets total.
Help me learn	Start a new voice chat Explain [concept X] in less technical language. How does it compare to our internal [project X] ?
Draft an executive report	Synthesise key information on [confidential project] into an executive status report from documents in /SharePoint site .
Identify blockers	Identify major themes and blockers in /file to discuss with my team.

* Microsoft 365 Copilot licence is required for automatic grounding in organisational data.

Copilot in Microsoft 365 apps

Copilot in Microsoft 365 apps enables you to create or update content directly in apps like Word,* Excel,* PowerPoint* or Outlook* without leaving your document, spreadsheet or presentation.

Customise the prompts below to support your own workflows and projects.

Scenario	Copilot in...	Prompt
Quickly update content	Word	Update /document with the latest information from my emails and Teams chat with my manager. Keep the structure intact and add a Key outcomes/Risks/Next steps section.
Prepare a monthly report**	Word	I'm preparing for our upcoming monthly business review and need to update the /document we'll review with [month] data and the latest updates from my [topic] planning meetings, chats and emails. Turn on tracked changes and update the entire report. Add comments where leadership signoff is needed, based on topics raised in this week's planning meeting.
Present data to drive decision-making	Excel	We're reviewing our [Q2 marketing spend] and need to reallocate spend to drive higher conversions without increasing customer acquisition cost. Using the latest agency quote in the email from [name of person] and the data in this workbook, recommend how to reallocate ~10% of Q2 marketing spend across channels and regions, showing a before/after table, waterfall chart and actuals vs. budget variance, supported by pivot tables.
Analyse and visualise data	Excel	Analyse the customer data imported from my recent email attachment and group accounts by behavioural similarity using clustering. Create a summary table and charts showing the key characteristics of each segment.
Enable story-telling	PowerPoint	Create a presentation about adding [type of product] to our product line up, based on our latest /internal programme documents
Turn text into visuals to aid storytelling	PowerPoint	[Start from within an existing PowerPoint deck] I'm prepping for a leadership readiness review and need this wall of text to land as a clear, decision-ready visual. Turn this slide into a sophisticated executive-grade visual that maps the workstreams across a unified readiness framework. Show interdependencies between workstreams, surface critical gating items (staffing, integrations, certifications) and visually distinguish what is on track versus at risk. The output should help an executive immediately understand where attention is required.
Proactively manage my calendar	Outlook	Schedule a meeting with [person] on [specific days] to discuss [topic] . If there's a conflict reschedule it within that timeframe.
Update email based on new information	Outlook	I need to catch up quickly on my inbox. Pin recent emails from my team that need a reply and draft responses. Also, flag any messages from my skip-level manager that I received in the past two weeks.

* Microsoft 365 Copilot licence is required for automatic grounding in organisational data. Outlook: Calendar scheduling actions are currently available in Lexical English only. Some Outlook features only available the [Frontier programme](#).

** Track changes support and commenting with Copilot are available on Copilot in Word on Windows Desktop and Mac through Insiders Preview channel.

Copilot in Teams

Copilot in Teams keeps you on track by summarising meetings, catching up on missed chats and turning discussions into clear next steps – so your team spends less time reviewing and more time doing.

Scenario	Prompt
Live meeting	
Catch up on a meeting in progress	What have I missed so far and summarise open questions.
Surface blockers	What decisions are blocking progress?
Recommend a path forward	Based on the options and pros/cons discussed, recommend a path forward.
Copilot in Teams app	
Track progress over time	Construct a table timeline of all major milestones and decisions from /meeting series
Summarise meeting	How did the group come to this conclusion on [specific decision or topic] ?
Catching up on missed chats	Summarise this chat and call out anything that requires my follow-up.
Meeting recap	
Customisable recap templates	Summarise by topic, for each topic discussed, follow this format: [Topic 1] , Context, Discussion, Conclusion

Teams Mode

To use [Teams Mode](#),* simply @Copilot in a Teams group chat or click **Open Agents and bots** in the upper right corner of Teams and select Copilot. You can also start work in the Microsoft 365 Copilot app, then bring your work to a group chat.

Scenario	Prompt
Plan team events	@Copilot suggest a different opening and closing session. @Copilot create a plan to organise logistics.
Build plan from group chat	@Copilot suggest a different opening and closing session. @Copilot create a plan to organise logistics.

* Copilot in Teams is generally available for Microsoft 365 Copilot licenced users on desktop, mobile and web.

Agents in Teams

Agents in Teams work alongside you to capture decisions, track progress and move work forward across meetings, chats and channels.

Facilitator Agent

Acts as a real-time meeting collaborator in Microsoft Teams that helps structure discussions, capture decisions and turn conversations into clear next steps.

Scenario	Prompt
Create meeting docs	@Facilitator Generate a one pager on our strategy in Word
Add agenda topics	@Facilitator add agenda with these topics: [topic 1], [topic 2], [topic 3]
Capture live notes	@Facilitator capture key points, decisions and action items (with owners) in the shared meeting notes as we go.
Create tasks from discussion	@Facilitator turn today's discussion into a task list with owners and next steps and generate a shareable document the team can use.
Ask questions live	@Facilitator based on what's been said so far, what have we decided, what's still open and what should we do next?

Channel Agent

Acts as a channel-aware collaborator that synthesises conversations, tracks progress and turns discussions into clear updates and next steps.

Scenario	Prompt
Create status updates	@Channel Agent Create a status report on the latest updates. Include columns for status, this week's focus, next steps, any help needed and the due date.
Carry Context Across Work	@Channel Agent, summarise key decisions, blockers and next steps from this channel and any related meetings.
Answer project questions	@Channel Agent, what's the current project status in this channel – recent decisions, owners and what's at risk?
Automate project updates	@Channel Agent, create tasks from the follow-ups in this thread (with owners + due dates) and suggest a follow-up meeting with a proposed agenda.
Surface team insights	@Channel Agent, identify the top risks, dependencies and insights from recent channel activity and summarise what needs attention this week.
Create status updates	@Channel agent Create a status report on the latest updates. Include columns for status, this week's focus, next steps, any help needed and the due date.

Third-Party Agents

Bring third-party agents directly into Teams – all while respecting the permissions and policies of your organisation. Support your team's ability to get work done more efficiently by integrating third-party agents into your collaboration workflows. You'll collaborate with third-party agents like you do with your colleagues to help:

- Complete specialised tasks
- Assist with project management
- Coordinate and communicate across your team

** Copilot in Teams is generally available for Microsoft 365 Copilot licenced users on desktop, mobile and web.*

Copilot in SharePoint

[Copilot in SharePoint](#)* makes your team's shared content easier to find, understand and keep current – so people spend less time searching and more time acting on what they know. It works directly inside the SharePoint sites, pages and libraries your team already uses, with no extra set-up required.

If your IT administrator has enabled [Copilot in SharePoint](#), access it by clicking the Copilot button in the bottom-right corner of any SharePoint page.

Scenario	Prompt
Build a SharePoint site	Create a SharePoint site for [topic or /files]. Include pages for timeline, key stakeholders, marketing assets and a document library for launch materials.
Create a SharePoint page	Create a page summarising [topic or /files]. Include a timeline and links to key documents. Make it exec-ready.
Create a SharePoint list	Create a list to track action items from this /Excel file. Add columns for assignee, due date, priority and status.
Create documents	Based on /files, create a [Word/Excel/PowerPoint document] highlighting key results, growth trends and notable wins. Keep the tone factual and customer-ready.
Generate an FAQ	Based on /files, create an FAQ document covering the top 10 questions someone might ask about the topic.
Organise files in a document library	Based on the contents of this folder, suggest a folder structure to better organise my files. Show me a mapping structure, and when approved, re-organise it.
Create a new document library	Create a document library for [topic] assets. Include folders for Project Management, Requirements and Working Documents. Create columns for Document Type, Project Phase, Status and Owner. Create views for In Review, At Risk and Approved.
Add autofill library columns	Analyse the files in this library and suggest autofill columns based on their content.
Automate workflows	Create an approval workflow for this library: When a new document is uploaded, notify my manager for review and approval.

Skills in SharePoint

Use skills to save repeatable workflows as reusable AI instructions anyone on your site can run – no need to rewrite the same prompt each time. See what skills your team has by checking the Agent Assets library or ask Copilot, "What custom skills have been created on this site?" No Agent Assets library yet? Ask Copilot in SharePoint to create one.

Scenario	Prompt
Create a skill	Save [workflow or process] as a skill
Track projects in a consistent way	Create a new Project Tracker list for [project name] using '[Skill name]' Skill

* Microsoft 365 Copilot licence is required. Some features may only be available in Public Preview. Find more information on licensing and availability [here](#).

Copilot Notebooks

[Copilot Notebooks](#) is an AI-powered workspace that brings your project's files, meetings, emails and notes together so Copilot can reason across everything in one place. Unlike a single chat, a Notebook keeps persistent context that grows with your project – no need to rebuild prompts from scratch.

Ask questions, synthesise themes, generate drafts and create deliverables like documents, presentations and infographics – all grounded in your curated sources. Notebooks turn scattered information into clear, actionable outcomes.



Screenshot shows an infographic created from Copilot Notebooks in OneNote

Try it

Scenario	Prompt
Create project infographic	Prompt 1: Create Infographic: Generate a polished, professional, information-dense infographic image strictly from the notebook contents. Output only the image, with no text, explanations, summaries or description Prompt 2: Simplify to focus only on [topic/aspect]
Compare Notebook content and summarise findings	Prompt 1: Pull the notes from [date] [meeting name] and compare them with the Project Status Summary. Highlight where the discussion differs from the current documentation Prompt 2: Now create a Word document with a clear summary of findings and recommended updates.

* Available for Microsoft 365 Copilot licensed users and Copilot Chat users. Copilot Chat users have limited sources per notebook, access to standard sources only and standard access to chat; premium sources, premium AI capabilities and priority access to chat are included with a Microsoft 365 Copilot licence.

* Infographics is available in the [Frontier programme](#).

Copilot Researcher – Critique and Model Council

[Researcher](#)* is Microsoft 365 Copilot's deep research agent for tackling your complex, multi-step research at work. Researcher also includes multi-model capabilities that raise the bar for accuracy, depth and confidence.

	Critique	Model Council
Best when you need...	One polished, reviewed answer. Ideal when you want Researcher to refine the output before you see it.	Multiple perspectives side-by-side before deciding. Ideal when you want to compare trade-offs or see where models agree.
How it works	A second model reviews the initial report for accuracy, completeness and citation integrity – reducing manual cross-checking and delivering executive-ready output.	Multiple models run the same prompt in parallel, synthesising agreement, disagreement and unique insights so you can validate recommendations faster and spot gaps.
Use cases	- Executive briefs - Market/competitive analysis - Board or leadership prep - Research summaries & risk assessments	Strategy & planning decisions requiring competing viewpoints – prioritising recommendations, comparing options or evaluating customer feedback.

Try it

Find  **Researcher** under Agents in the Microsoft 365 Copilot app. Then use the model drop-down to select the best mode for the task.

Scenario	Prompt
Identify themes, impact, trade-offs and conflicts	Review the latest [project 1] customer interview email recaps to find the top product feedback themes and outline the impact of the themes on the [project 2] roadmap. Using this and our internal plans, give me three product recommendations ranked by priority and call out where it aligns or conflicts with current initiatives, key trade-offs and the biggest objections we should expect.
Create a view of the competitive landscape for expansion	Create an executive brief on the competitive landscape exploring category expansion opportunities in the [product type industry] based on consumer shifts. Map how leading competitors are responding, where [company name] is well-positioned and other categories or markets to evaluate. Benchmark [company name] against industry frameworks and flag risks and opportunities.
Understand strategic risks and identify priorities	Evaluate the biggest strategic risks and opportunities facing [industry] in the next quarter. Consider market dynamics, regulatory pressure, customer expectations and technology adoption. Then recommend three strategic priorities a [segment name] executive team should focus on based on the recent meeting discussions, including key trade-offs and risks associated with each recommendation.

* Microsoft 365 Copilot licence is required. Some features may only be available in the [Frontier programme](#).

Copilot Cowork

While Microsoft 365 Copilot can help you brainstorm or generate content, [Microsoft 365 Copilot Cowork](#)* plans and executes multi-step workflows across Microsoft 365 apps, Dynamics 365 and third-party sources.** You can delegate real work – setting multiple tasks in motion, add guidance anytime and keep work moving while you're away – with checkpoints that keep you in control.

Try the following prompts to see what Cowork can help you with – and visit the [Cowork Prompt Gallery](#) for more inspiration.

Scenario	Prompt
Catch up and reply	Go through my Teams messages and emails from this week where someone asked me a direct question and I haven't responded. For anything that just needs a quick acknowledgment or 'got it', send the reply. For anything that needs a real answer, draft it and show me first.
Prepare for a customer meeting	Help me prepare for my customer meeting with [customer] by pulling together relevant emails, calendar items and file context into a briefing document based on the /attached template as well as create an Excel overview of customer data with graphs of usage and sales trends over time. Finally create a client-ready presentation that includes why we are differentiated from competition, opportunities and next steps. Also schedule focus time for me to prep tomorrow morning for 30 minutes with [person 1]. And send a customer update email with status updates, findings summaries, proposals for me to send to [person 2] and [person 3] on the account team.
Generate and send a weekly status automatically	I create a weekly email to my team focused on my top of mind for the week – I send this Monday morning, and it includes my top of mind as well as some of the key meetings for the week. Those key meetings tend to be executives, and my top of mind are related to the key priorities and projects the team and I are working on. Pull a few key metrics from Fabric tied to our priorities – progress since last week – and weave them into the update so the status is grounded in real numbers. Create a skill where this occurs every Monday morning.
Wrap up projects and organise related work	I just wrapped up the [project name] project. Find all files in my OneDrive related to this project – docs, decks, spreadsheets. Create a new folder called '[Project name] – Archive' and move everything into it. Share the archive folder with the [project name] team so they can have a clean reference. Then build a lightweight HTML recap page for the archive – project outcomes, key contributors, links to the headline deliverables and a one-paragraph 'what shipped' summary up top – so the archive is navigable, not just a folder of files.
Map a workflow from a process description	Map the [process or workflow name] as a Miro flowchart. Pull the steps, decision points and owners from [document, meeting notes or my description]. Use Miro's diagramming layout with clearly labelled shapes and connectors. Add a frame at the top with the workflow name, purpose and any open questions. Then create a Miro doc next to the flowchart summarising the workflow narrative – what it does, who it serves, where the handoffs happen and any risks or bottlenecks worth flagging.

* Licensing varies: Chat is included for eligible users; Cowork requires a Microsoft 365 Copilot licence. For more information about usage-based billing and cost management visit [here](#).

** See list of plug-ins [here](#).

Additional Prompt Resources

Mastering Copilot Essentials

Get a simple overview of Copilot fundamentals – terminology, prompt structure and quality criteria – to support users just beginning their AI transformation journey.

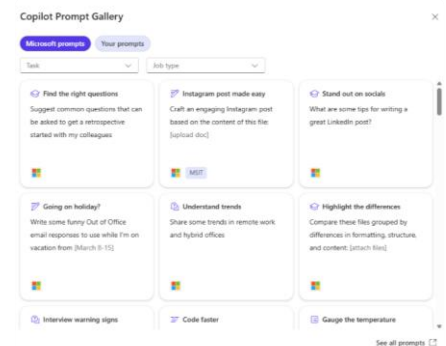


Copilot Prompt Gallery

Find prompting inspiration so you can take greater advantage of Copilot in your daily work.

- Explore the curated selection of Copilot prompts
- Save your favourite prompts
- Share your favourite prompts with colleagues
- Find prompting inspiration from others

Access the Prompt Gallery in Copilot Chat by selecting the box with star icon next to the prompt box.



Microsoft 365 Copilot Prompt Packs

Ready-to-use, day-in-the-life Copilot prompts that make everyday work easier. Check out role-specific prompts for:

- [Customer Service](#)
- [Human Resources](#)
- [Legal](#)
- [Finance](#)
- [Marketing](#)
- [Operations](#)
- [Product Management](#)
- [Sales](#)



Microsoft Adoption Scenario Library

Find business function-and industry-specific scenarios to inspire your organisation's AI transformation journey.

